PARSONS
ADL

WaveRail™
Bedside Assist Handrail

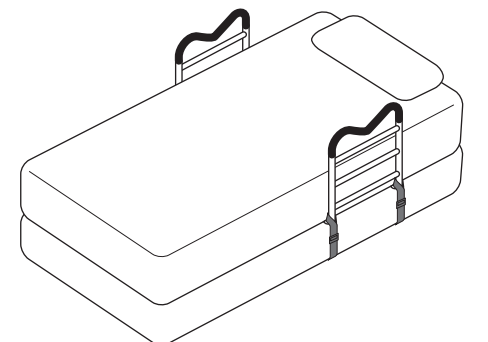Item: 16H289

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⚠ CAUTIONS and WARNINGS

- Please read these instructions carefully before installing and using the WaveRail.
- Please read the Warning Labels attached to the WaveRail parts.
- The WaveRail is an <u>assistive balance</u> handrail for beds.
  - It is to assist persons who are mobile, but require some assistance to move or sit up in bed.
  - It also helps with balance when the person gets in and out of bed.
  - It further helps the person with balance when standing beside the bed or during transfers by the bed.
- The WaveRail is not intended to support the full weight of a person and is suitable for people who weigh up to 300 pounds (135 kg).
- Narrow beds may tilt if full body weight is applied.
- Suitable for all home style beds with box springs.
- May be used with some types of care, institutional and hospital style adjustable beds.

> ⚠ The WaveRail is NOT to be attached to any part of a care, institutional or hospital bed that can move or be adjusted. The WaveRail attachment straps are NOT to come in contact with any part of the bed that moves.

WARNING: ENTRAPMENT BETWEEN AN ASSISTIVE BEDSIDE HANDRAIL DEVICE AND A MATTRESS CAN BE SERIOUS AND POTENTIALLY LIFE-THREATENING.

- Entrapment can occur when there is a gap between the side of the mattress and the assistive handrail.
- It is possible for a person's head, neck, arm(s), leg(s) or body to become wedged between the side of the mattress and the assistive handrail horizontal crossbars or vertical side bars.
- The mattress must be tight against the assistive handrail, with no gaps at all times. This should be checked frequently, at least daily.
- For added safety we recommend installing two WaveRails, one on each side of the bed, to assist with keeping the mattress in place, with no gaps. **CAUTION:** If the bed base is wider than the mattress, two rails will NOT work.
- The horizontal crossbars and attachment straps must be used at all times.
- The WaveRail is NOT intended for people with poor mobility, or for people who are permanently bedridden. Extra safety measures and precautions must be used with higher risk patients.
- The WaveRail IS NOT to be used as a restraint and not to be used to prevent users from falling out of bed.
- Make yourself aware of bed rail safety. There are many resources online including: https://www.canada.ca/en/health-canada/services/drugs-medical-devices/hospital-bed-safety.html
- If you have any questions please contact Parsons Customer Service at custserv@parsonsadl.com

WaveRail Assembly Instructions

Preparing the WaveRail for assembly:

1. Open the carton and remove all parts. Remove the plastic coverings and dispose of safely away from children and infants.

2. The WaveRail can be used with either two (2) crossbars or three (3) crossbars. By choosing either the two (2) or three (3) crossbar option you can adjust the WaveRail height relative to the floor and to suit the user's preference. For thick mattresses we recommend that you use 3 crossbars. If you choose to use 2 crossbars, then part D (H-bar) is not required. Save it for possible future use.
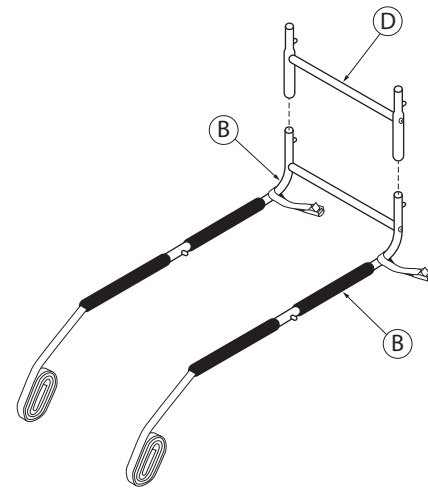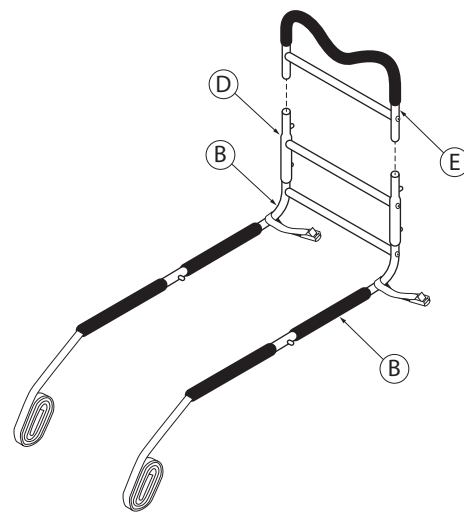
Assembling the WaveRail:
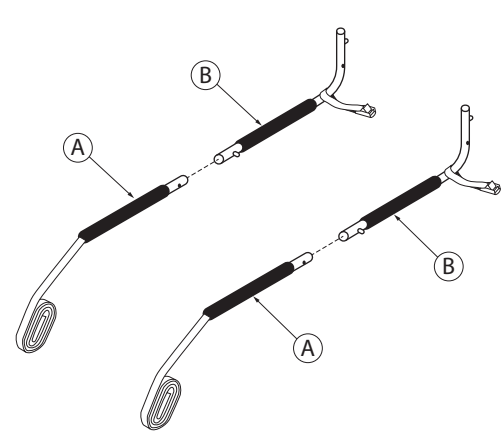
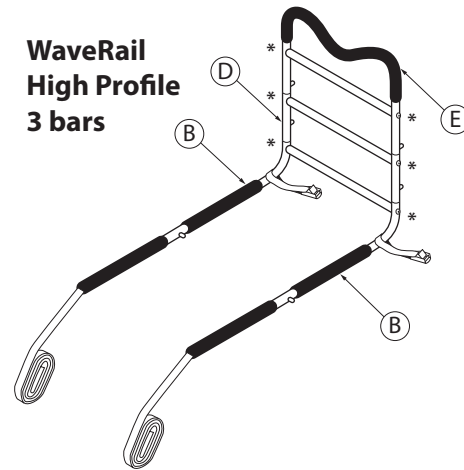3. Snap-lock part A into part B. Repeat on other side.
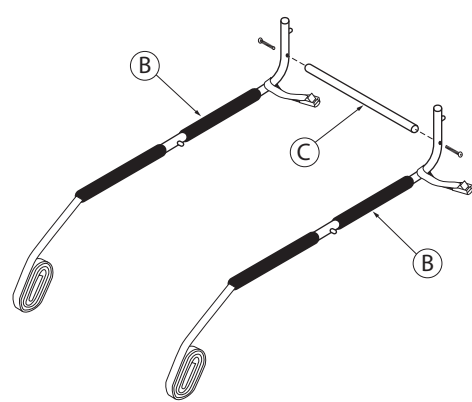
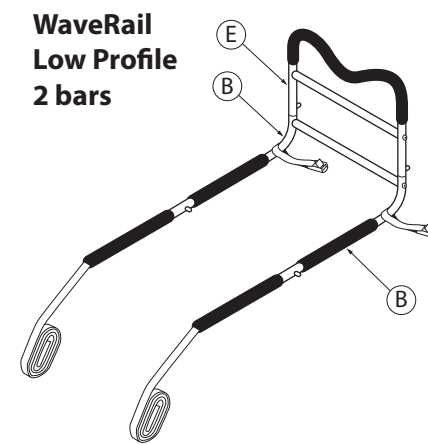4. Screw part C onto parts B using allen key (provided). Leave screws loose.

5. If you are using part D (H-bar), snap-lock part D onto part B.

6. Lastly, snap-lock part E onto either part D or part B. Make sure that all the snap-lock spring buttons are in place. **Tighten all screws snugly.**

WaveRail High Profile 3 bars

WaveRail Low Profile 2 bars

* Tip: If using part D and you experience any difficulty when you snap-lock part E into place onto part D, slightly loosen the screws on either side of the crossbars. Re-engage all parts with the snap-locks. Then re-tighten screws snugly.

**You are now ready to install the WaveRail onto your bed.**

See next page for installation instructions.

# WaveRail Installation Instructions

Installing the WaveRail onto the bed:

1. You will find the installation easier if you remove the mattress. Place the assembled WaveRail on top of the boxspring.

2. Run the long webbing (part F) across the boxspring and then underneath, back to the WaveRail.
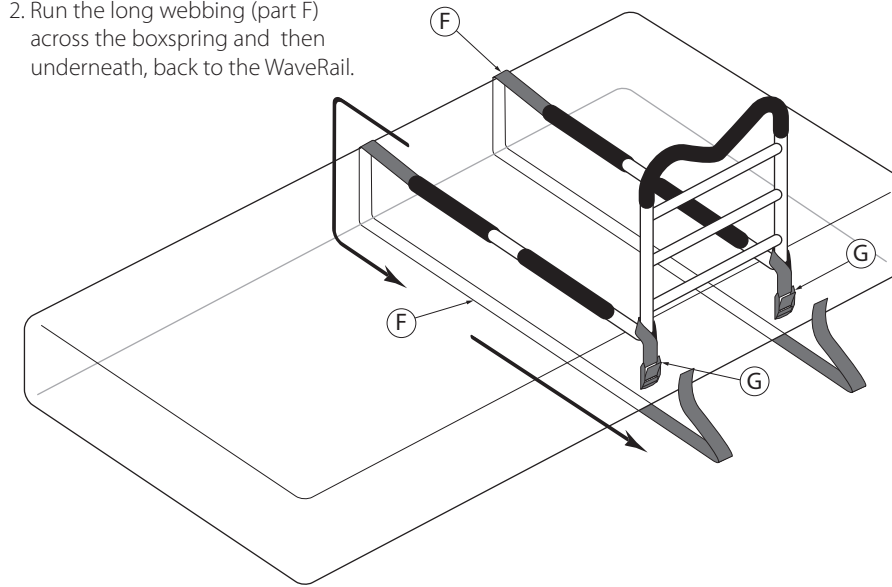
3. Feed the long webbing through the buckle (part G) at the desired length. Close the buckle to secure the strap. Repeat on other side.

① PRESS TO OPEN
④ RELEASE TO CLOSE
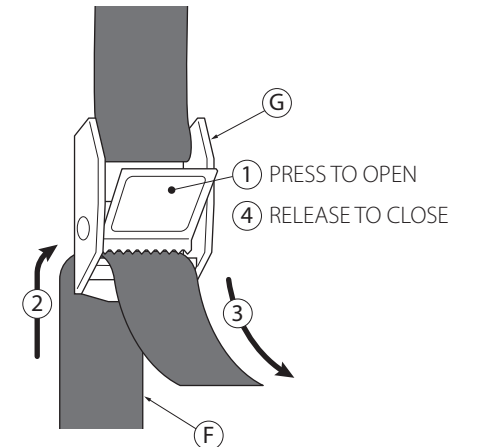
4. Replace the mattress on the bed, if you removed it.

5. Lie on the bed and position the WaveRail where it is most comfortable for you.

6. Tighten the two webbing straps securely against the boxspring, ensuring that the webbing straps are straight and parallel.

7. Loop and double tie the loose end of the long webbing directly underneath the buckle.
   Tuck excess webbing securely out of the way to prevent tripping hazards.

WaveRail High Profile 3 bars
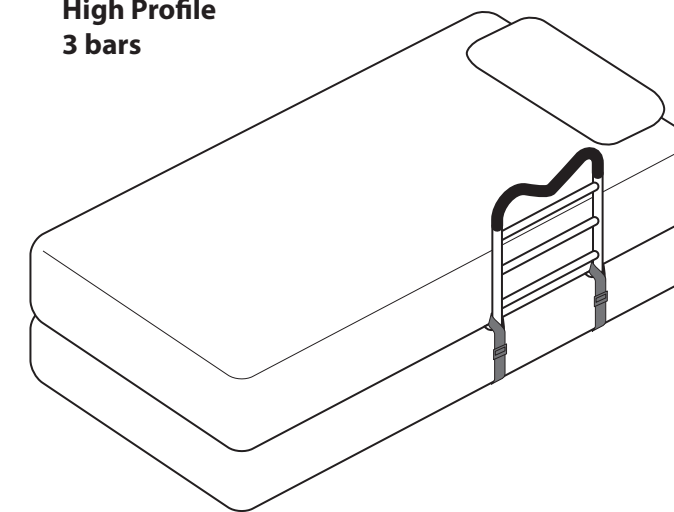
WaveRail Low Profile 2 bars
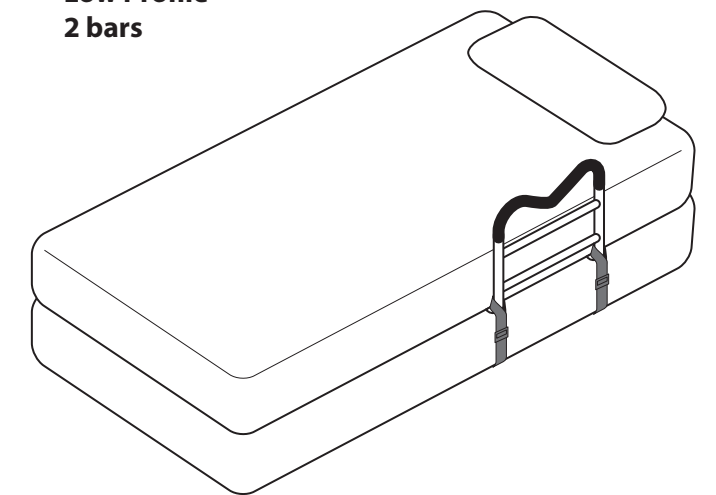
IMPORTANT: For your safety, it is mandatory to install the safety strap set (parts F) provided with this bedrail as shown above.